

January 2011 meeting of the
Spirit Society of Pennsylvania

SPIRIT BODIES AND BEYOND

What led me to this point...

- Esoteric studies
- Chanting
- Astral Travel
- Reincarnation
- PhD in psychology
- Book

Agenda for this evening

- Evidence for spirit bodies
- Evidence for reincarnation
- Theories that explain spirit bodies and reincarnation
 - Ancient wisdom
 - Modern science updates

Please...

- Ask questions
- Offer comments

Evidence of a Spirit Body

- After a person dies
- Near death experiences
- Astral travel

After a Person Dies

- The spirit body can remain and manifest itself
- A spirit who hasn't found rest can haunt a particular place until the spirit's issue somehow gets resolved
- The spirit body is usually referred to as an apparition or ghost

Near Death Experiences

- Near Death Experience or NDE – term coined by Dr. Raymond Moody
- Most who have a NDE report floating above the physical body in a body of another form sometimes called a living energy field
- Some report soaring above the earth

Astral Travel Basics

- Physical body remains motionless
- Heart must stop beating
- Must learn how to control “prana” through breathing
...and learn “knowledge of passages”

Evidence for Reincarnation

Past life regression

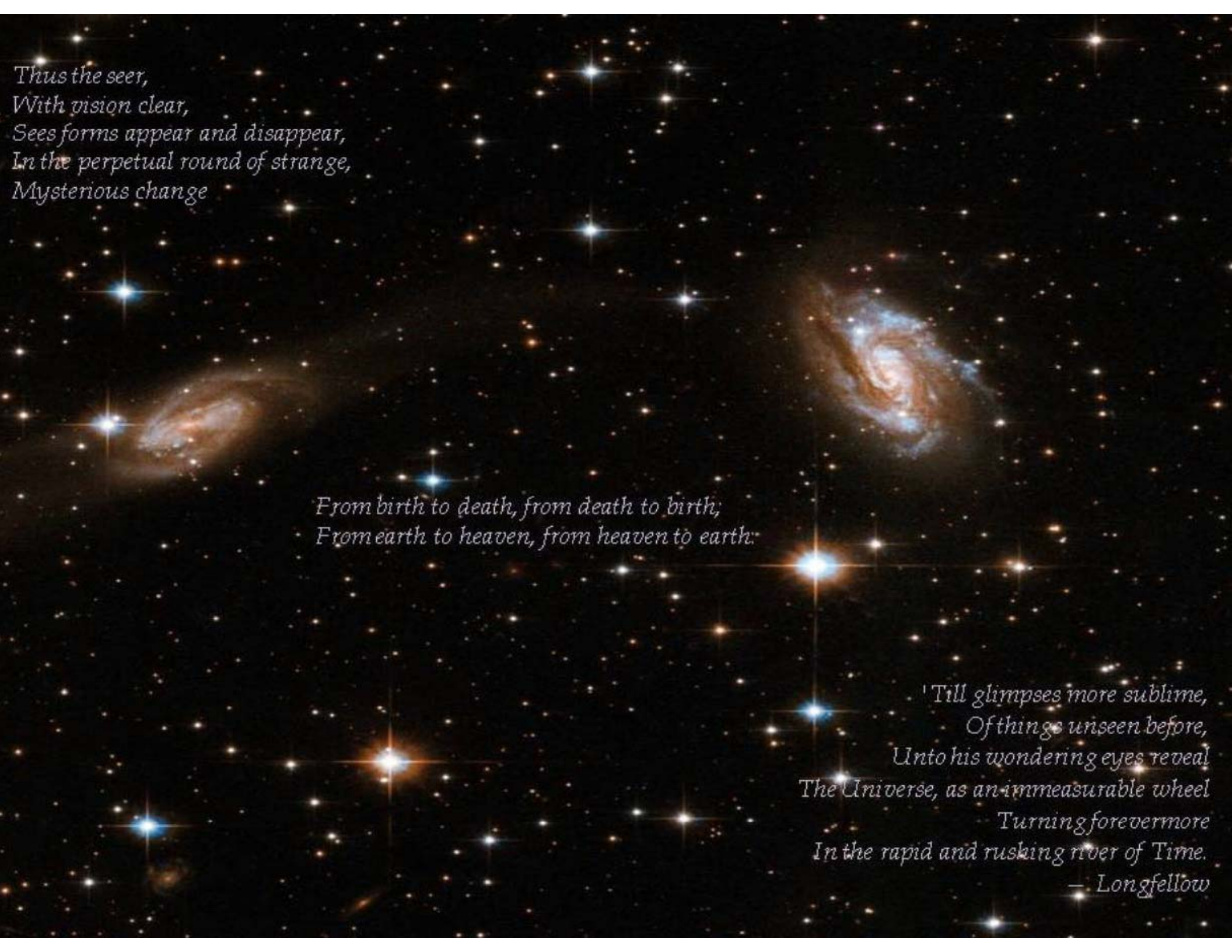
Journey of Souls Dr. Michael Newton

You Were Born Again to be Together:

Documented Cases of Reincarnation That Prove

Love is Immortal Dick Sutphen

Many others stories



*Thus the seer,
With vision clear,
Sees forms appear and disappear,
In the perpetual round of strange,
Mysterious change*

*From birth to death, from death to birth;
From earth to heaven, from heaven to earth:*

*'Till glimpses more sublime,
Of things unseen before,
Unto his wondering eyes reveal
The Universe, as an immeasurable wheel
Turning forevermore
In the rapid and rushing river of Time.
— Longfellow*

The View from Academia

- Evidence is anecdotal
- No generally accepted theory of physics can account for the phenomena
- Evolution of astral body and reincarnation not seen as possible based on natural selection

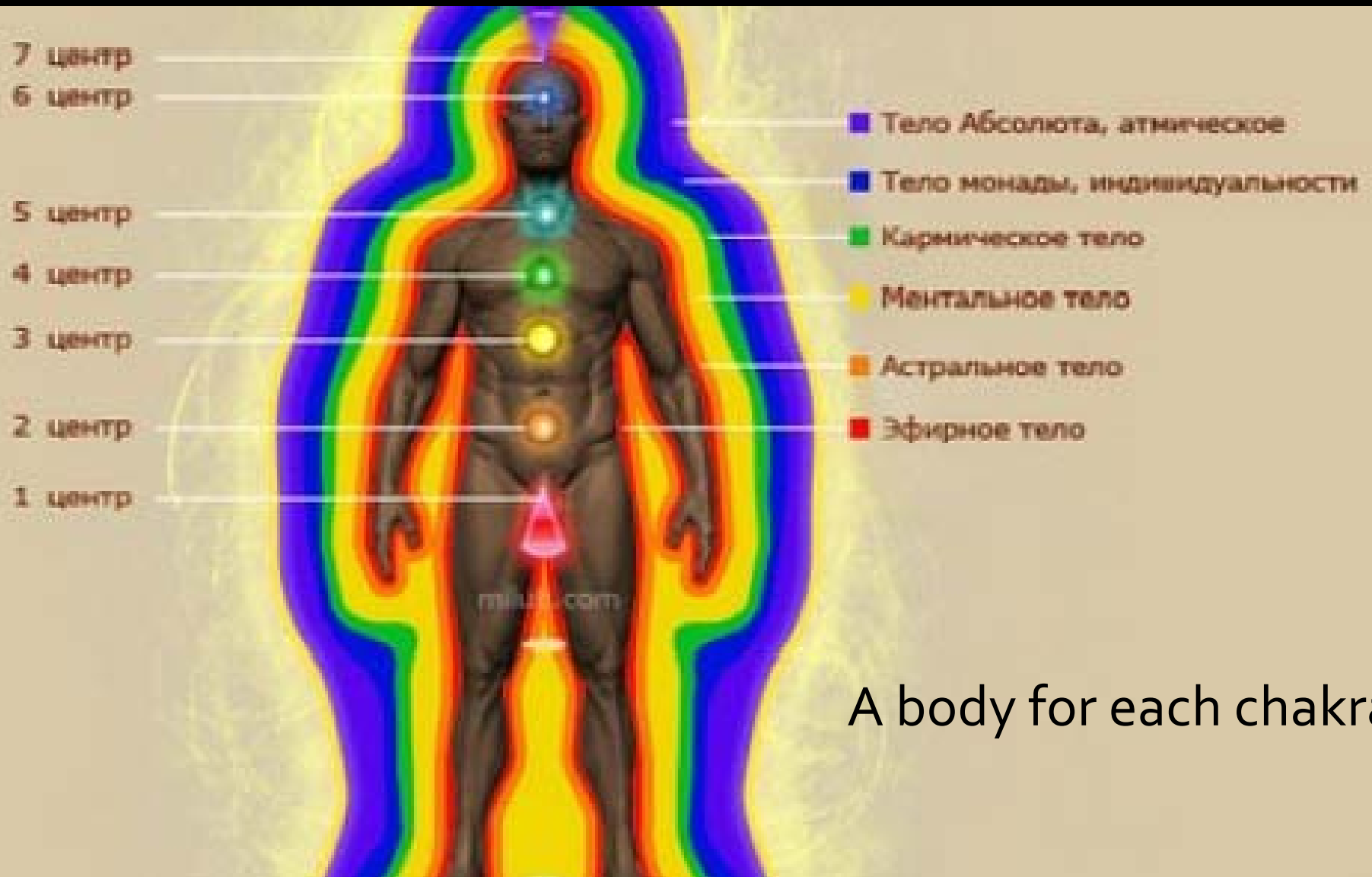
Dealing with Anecdotal Evidence

- Not a problem if you have experienced it
- Efforts to record objective evidence
- Laboratory efforts ?

Theories from Ancient times

- Different metaphysical systems
 - 7 bodies
 - 5 bodies
 - 3 bodies

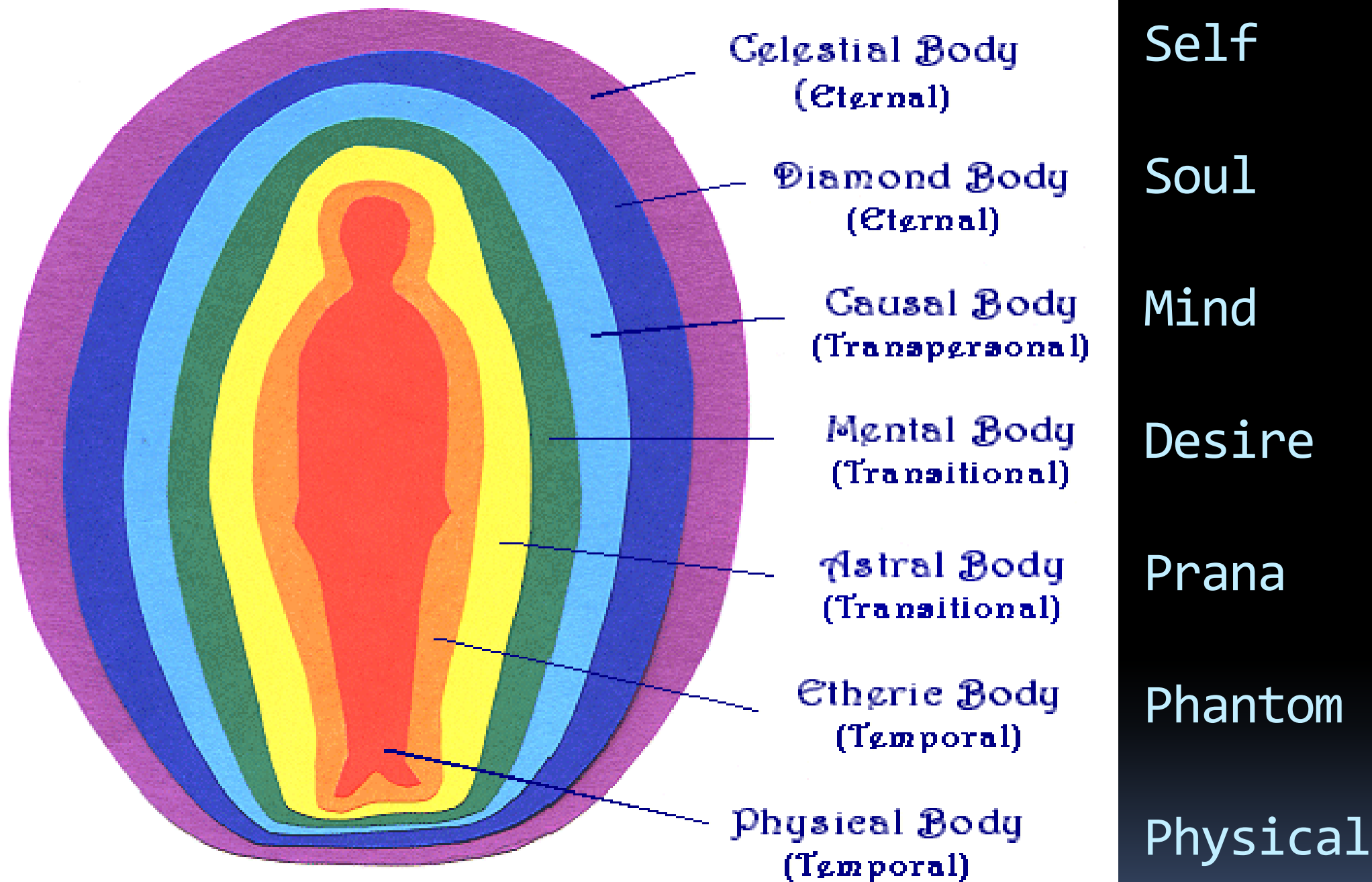
Seven Bodies



A body for each chakra

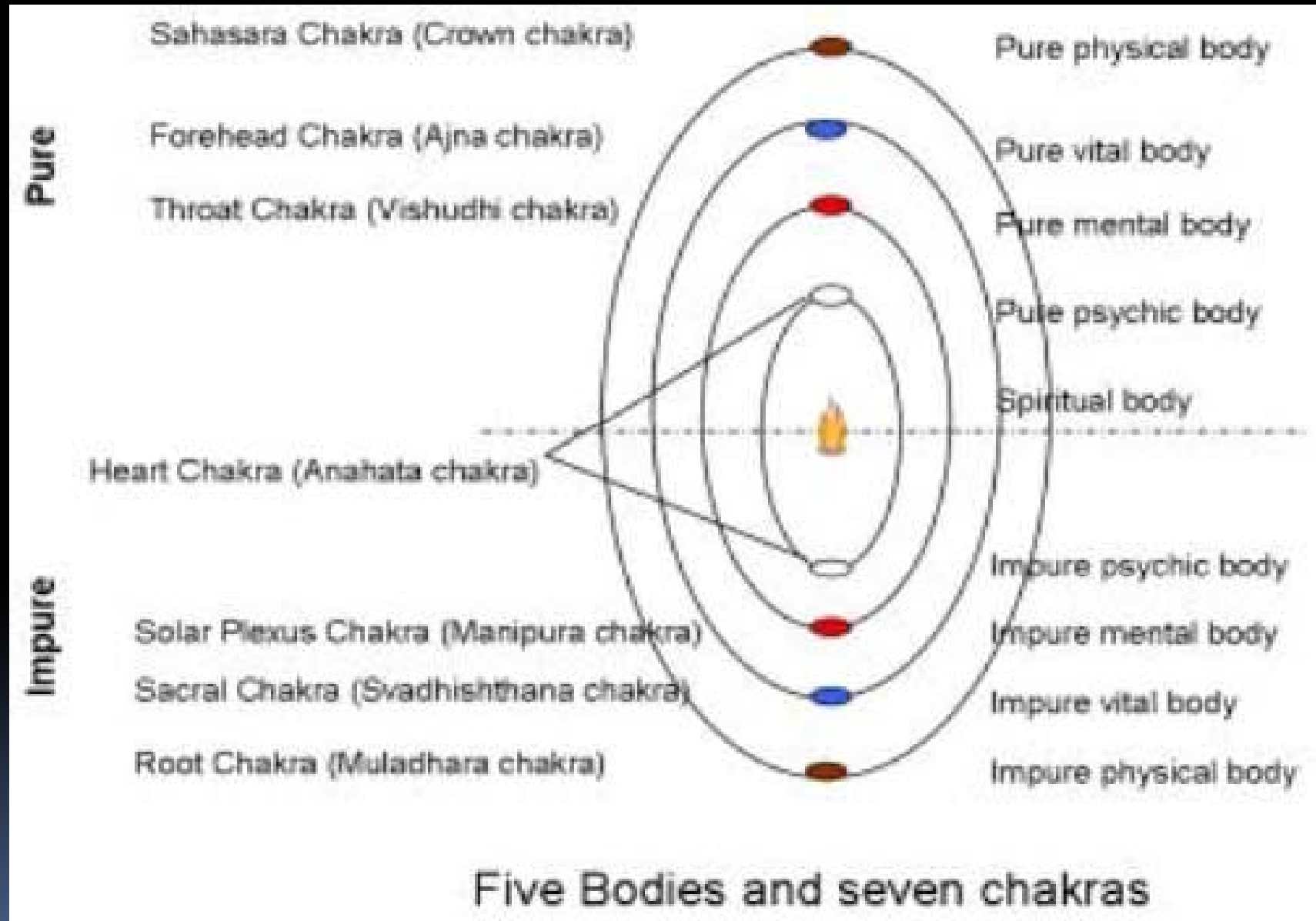
Septenary (Theosophy)

- *Atma* - Spirit or Self - one with The Absolute as Its Radiation
- *Buddhi* - Spiritual Soul - vehicle of pure universal spirit
- Manas - consisting of *Higher Manas*, the spiritual, inner, or higher Ego; and *Lower Manas*, the ordinary mind.
- Kamarupa - the "desire body", seat of animal desires and passions
- Prana - the vital principle
- Linga Sharira- the double or phantom body.
- *Sthula Sharira* - the physical body



The Seven Subtle, Interfacing Bodies of Multidimensional Human Consciousness

Five Bodies



<http://www.complete-health-yoga-island.com/seven-chakras.html>

5 Sheaths from Upanishads

- 5 - Anadamaya – Blissful Sheath Spiritual
- 4 - Vijnanamaya –Intuitive Sheath Psychic
- 3 - Manomaya – Mental Sheath Mind
- 2 - Pranamaya – Energy Sheath Vital
- 1 - Annamaya – Physical Sheath Physical

Three Bodies

- 3 bodies –
 - Karana – Causal or mental
 - Sukshma – Pranic, astral or energy
 - Sthula – Physical

Explanations of the nature of Higher Bodies

- Exist in a different dimension or plane of reality
- Vibrate at a different frequency
- Under different gravitational fields

Gravity and higher bodies

- Prigogine – Nobel Prize winning chemist
 - In complex systems gravity plays significant role
 - Human nervous system most complex system known
- Penrose – Quantum gravitational effects on the brain account for consciousness
- Gurdjieff – Gravitational fields of moon, sun, planets, stars form a Ray of Creation

Gurdjieff's Ray of Creation

ABSOLUTE	1	do
ALL WORLDS	3	si
ALL SUNS	6	la
SUN	12	sol
ALL PLANETS	24	fa
EARTH	48	mi
MOON	96	re
ABSOLUTE	▼	do

Gravity and the 7 Bodies

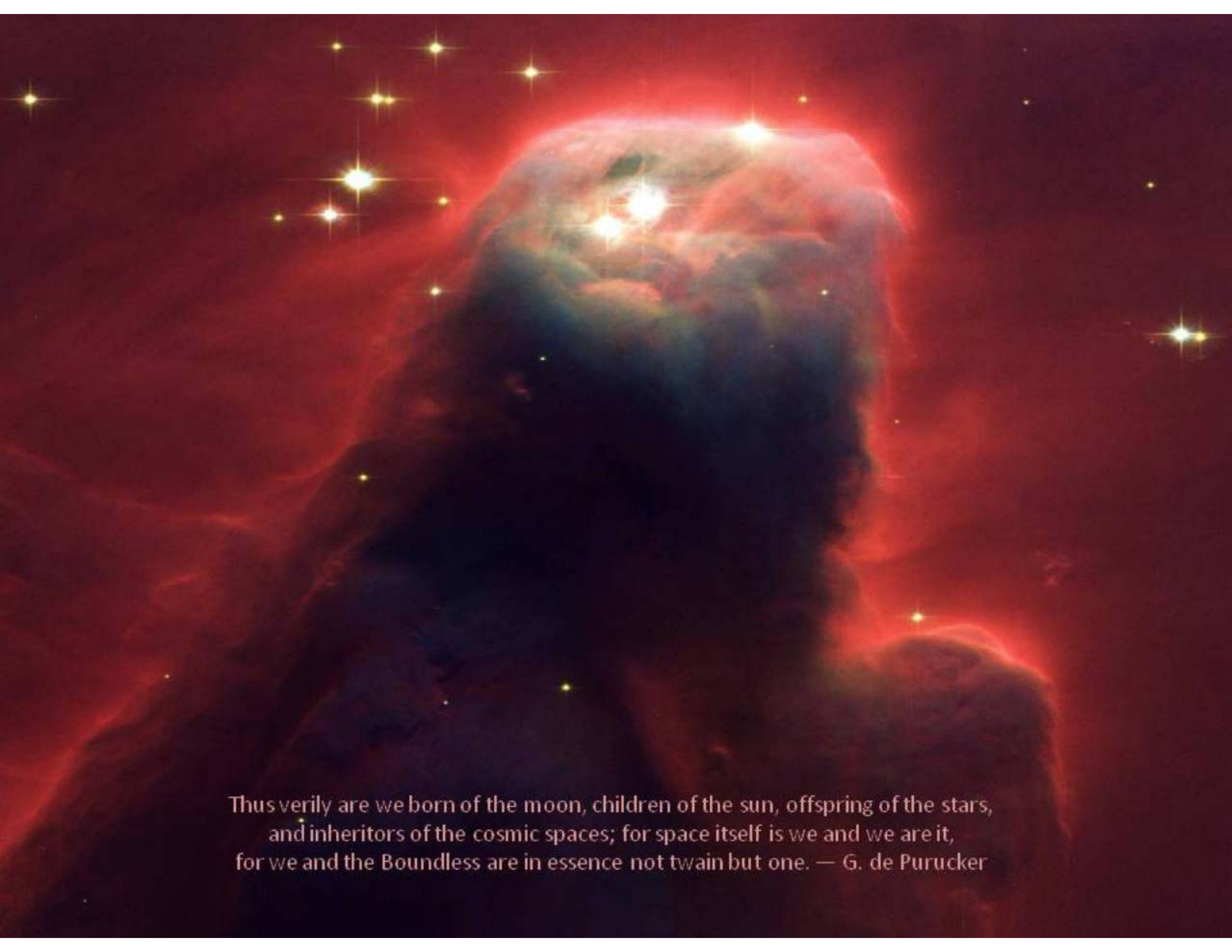
- *Super Group of Galaxies gravity*– the Atma (Self)
- *Local Group of Galaxies gravity* – the Buddhi (Soul)
- *Milky Way's gravity* – the mental body
- *Solar System's gravity* – the desire body
- *Sun's gravity* – the astral body
- *Moon's gravity* – the double or phantom body
- *Earth's gravity* – the physical body

Transition of bodies (Theosophy)

- Septenary on earth
- Quintile after physical body dies, but only for a while then...
- Triad – mind, soul, and spirit

Journey of Souls (Michael Newton, M.D.)

- After death hovering...
- Tunnel toward a light ...
- “Lights... soft... kind of cloudy... blobs of energy... and I know they are people.”



Thus verily are we born of the moon, children of the sun, offspring of the stars,
and inheritors of the cosmic spaces; for space itself is we and we are it,
for we and the Boundless are in essence not twain but one. — G. de Purucker

The Evolution of Higher Bodies


- Cannot be by Natural Selection
- Emergence as a force in evolution
- The Participatory Universe

Emergence in evolution

- Stuart Hoffman, complexity bio-statistician
- Michael Denton, bio-chemist
 - Darwin's assumption of gradual improvement is wrong
 - Reductionism cannot explain life
 - Self-organization arises naturally

The Participatory Universe

- John Wheeler, physicist
 - Universe is self-excited circuit
 - Implicates observers in feedback
- Michael Langan and the CTMU
 - Uses Mathematical logic
 - Reality is a Self-Configuring Self-Processing language
- The self referred to above is undoubtedly of a higher body, not a physical one



This day before dawn I ascended a hill, and look'd at the crowded heaven,
And I said to my Spirit, *When we become the enfolders of those orbs, and the pleasure
and knowledge of everything in them, shall we be fill'd and satisfied then?*

And my Spirit said, *No, we but level that lift,
to pass and continue beyond.*
— Walt Whitman